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ABSTRACT

This compilation of pamphlets and other educational materials on current issues in nutrition provides elementary and secondary teachers with a list of free or inexpensive materials to help them implement nutrition education into the existing curriculum. This list, organized in alphabetical order by topic, contains 293 entries and each one includes some or all of the following: title, author, type of publication, publisher, source, publication date, price, and order number. Some representative topics are as follows: additives, athletes' diet, basic four food groups, breakfast, children, dental health, Food and Drug Administration, food myths, general nutrition, health education, hyperactivity, labeling, minerals, nutrition education, pregnancy, vegetarianism, vitamins, and weight control. The addresses of sources are attached. (EM)

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NUTRITION EDUCATION DEVELOPMENT PROJECT

ESEA TITLE IV C PROJECT

PAMPHLET FILE

This list represents free and inexpensive materials which have proven helpful in the implementation of an ESEA Title IV C project in Nutrition Education Development administered by Luzerne Intermediate Unit 18. Many of these materials were obtained and given directly to teachers. In this respect, they proved helpful in lesson planning, in classroom activities, and as mini-libraries within the classroom. In addition, materials have been included which are pertinent to many current topics of concern in nutrition. They were used as professional references to answer specific questions raised by teachers.

This list is not meant to be a comprehensive compilation of all available materials. It is organized by general topics, and prices and order numbers are listed if they are known. Also addresses are offered for the sources of information.

In addition to this list of pamphlets and other inexpensive materials, a bibliography is also available for books, teaching guides, filmstrips, cassettes, and games for nutrition education.

FOR FURTHER INFORMATION CONTACT:

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U.S. DEPARTMENT OF HEALTH,
EDUCATION & WELFARE
NATIONAL INSTITUTE OF
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CE 019 538

ADDITIVES

- ALBUMIN, SODIUM ERYTHORBATE, AND LECITHIN. U.S. Dept. of HEW
(FDA74-2041)
- COUNTDOWN ON COLOR ADDITIVES, by Harold Hopkins. U.S. Dept. of HEW.
(FDA77-2075)
- EXPLORING FOOD ADDITIVES, by Timothy Larkin. U.S. Dept. of HEW.
(FDA76-2020)
- FACT AND FANCY IN NUTRITION AND FOOD SCIENCE, by Thomas H. Jukes.
(Reprint) Journal of American Dietetic Association, September, 1971.
(R5006, \$.80)
- BHT AND BHA AS FOOD ADDITIVES. U.S. Dept. of HEW
(FDA78-2037)
- FOOD ADDITIVE FACT SHEET, by Tonda Wynkoop. Nutrition Information
Resource Center. (BH5530:KL)
- FOOD COLORS (COLOR ADDITIVES). U.S. Dept. of HEW
(FDA74-2054)
- MEAT TENDERIZERS AND MONOSODIUM GLUTAMATE (MSG). U.S. Dept. of HEW.
(FDA78-2093)
- NITRATES, NITRITES, AND NITROSAMINES AND THEIR POTENTIAL HUMAN HEALTH
HAZARDS IN THE ETIOLOGY OF CANCER, by Judith Davis. (Fact Sheet)
Nutrition Information Resource Center. (BH5527:KL)
- PROBLEMS ARISING FROM THE USE OF NITRITES IN FOOD PROCESSING, by
Leo Friedman. (Reprint). Division of Toxicology, Food and
Drug Administration. (Free)
- SOME QUESTIONS AND ANSWERS ABOUT FOOD ADDITIVES. U.S. Dept. of Health
(FDA78-2094)

ADVERTISING

- EDIBLE TV: YOUR CHILD AND FOOD COMMERCIALS. U.S. Gov't Printing Ofc.
(Stock No. 052-070-04243-5)
- TV ADVERTISING OF FOOD TO CHILDREN. Hearings before the U.S. Senate
Select Committee on Nutrition. 1973. U.S. Government Printing
Office. (5270-01748 \$.75)

ANIMAL EXPERIMENTS

ANIMALS AS A TOOL FOR TEACHING NUTRITION. Pennsylvania Department of Health. Division of Nutrition. (H306.014P)

ANIMAL FEEDING DEMONSTRATIONS FOR THE CLASSROOM. National Dairy Council. (B050 \$.50)

ARTHRITIS

HOW TO COPE WITH ARTHRITIS. U.S. Dept. of HEW (NIH 76-1092)

ATHLETES' DIET

A BOY AND HIS PHYSIQUE, by Walter Gregg. (Booklet) National Dairy Council. (\$.35)

COACHES CALL THE SIGNALS: 4-2-4-4. (Booklet) Iowa State University of Science and Technology. Cooperative Extension Service. (\$.12)

DON'T LET YOUR DIET LET YOU DOWN: A GUIDE FOR HIGH SCHOOL ATHLETES. (Flyer) AG Publications Office, Cooperative Extension Service, University of Illinois. (1044 \$.10)

WATER DEPRIVATION AND PERFORMANCE OF ATHLETES. (Reprint) National Academy of Science. Food and Nutrition Board, National Research Council.

WEIGHT LOSS IN WRESTLERS. American College of Sports Medicine position paper. July, 1976. Sports Medicine Bulletin.

BASIC FOUR FOOD GROUPS

COST OF FOOD AT HOME. Family Economics Review Highlights/FALL 1976

A DAILY FOOD GUIDE. Pa. Dept. of Health

A DAILY FOOD GUIDE - Conserving The Nutritive Values in Foods.
U.S. Dept. of Agriculture Home & Garden Bulletin No. 90
(\$.25)

EVERY DAY EAT THE 3-2-4-4 WAY. National Dairy Council

FACTS ABOUT NUTRITION. U.S. Dept. of Health, Education and Welfare,
Supt. of Documents Washington (Stock No. 017-040-00366-8
Cat. HE20-3302 n95 \$.65)

FOOD MAKES THE DIFFERENCE-Ideas for Economy Minded Families
U.S. Dept. of Agriculture, U.S. Government Printing Office
(0-530-010 PA-934)

BEHAVIOR

RESEARCH ON DIET AND BEHAVIOR, by Josef Brozek. (Reprint). Journal of American Dietetic Association, October 1970. (R5622 \$.45)

A SOURCE BOOK ON FOOD PRACTICES: WITH EMPHASIS ON CHILDREN AND ADOLESCENTS. (Booklet). National Dairy Council (\$.40)

BRAIN DEVELOPMENT

FOCUS ON NUTRITION "You can't teach a hungry child".(Reprint) School Lunch Journal copyrighted 3/71.

MATERNAL, FETAL AND INFANT NUTRITION 1973. Hearings before the Select Committee on Nutrition and Human Needs of the U.S. Senate Part I - Consequences of Malnutrition. Superintendent of Documents Stock No. (052-070-01998-1 \$1.40).

NUTRITION AND MENTAL DEVELOPMENT, by P. E. Pothier. U.S. Dept. of Health, Education and Welfare.

BREAKFAST

BREAKFAST BIBLIOGRAPHY, by Karen Gula. Distributed thru NIRC at PSU.

ENERGIZE YOUR DAY WITH BREAKFAST. (A message for School Administrators) U.S. Dept. of Agriculture. (FNS 152).

FOOD IN THE MORNING. Cornell University (\$1.50).

KELLOGG'S BREAKFAST EDUCATIONAL GAME. Department of Home Economics Service - Kellogg Co.

BREAST FEEDING

FEEDING YOUR BABY BREAST METHOD. Oregon State Health Division.

BREAST FEEDING ITS ROLE IN INFANT GROWTH AND DEVELOPMENT. (policy statement) Maternal and Child Health Branch, CA Dept. of Health.

CALCIUM

WHO NEEDS CALCIUM?, by Carolyn J. Wax. University of Illinois, Division of Home Economics Education.

CANCER

NUTRITION PLANNING-Role of Life-style and Dietary Habits in the Risk of Cancer among Seventh Day Adventists (Document 116) Nutrition Planning and Information Service.

CARBOHYDRATES

SUGAR IN DIET, DIABETES, AND HEART DISEASE. Hearings before U.S. Senate Select Committee on Nutrition. U. S. Government Printing Office. (5270-01875)

CHILDHOOD NUTRITION

MALNUTRITION, LEARNING & BEHAVIOR (Booklet) NICHD Office of Research Reporting. (NIH 76-1036)

FOOD TO NURTURE THE MIND, by Bruno Bettelheim (booklet) The Childrens Foundation.

CHILDREN

CHILDHOOD DIET AND CORONARY HEART DISEASE. (Reprint) American Academy of Pediatrics, February, 1972. (R14-1-59 \$2.00)

CONFECTIONS AND SOFT DRINKS IN SCHOOL. (Policy statement) American Medical Association.

CONSEQUENCES OF MALNUTRITION. Hearings before U.S. Senate Select Committee on Nutrition. U.S. Government Printing Office. (052-070-1998-1 \$1.40)

DO FAT BABIES BECOME FAT ADULTS? Beech-Nut Company. (101 Free)

FIVE BABY FEEDING MYTHS. Beech-Nut Company. (102 Free)

MOTHERS WANT TO HELP. (Booklet) American Dental Association.

NUTRITIONAL DISORDERS OF CHILDREN: PREVENTION, SCREENING AND FOLLOWUP. (Booklet). U.S. Department of Health, Education and Welfare. U.S. Government Printing Office. (017-022-00514-0 \$1.55)

SHOULD MILK DRINKING BY CHILDREN BE DISCOURAGED? (Reprint) American Academy of Pediatrics, April, 1974. (R14-21-74 \$2.00)

THE TEN STATE NUTRITION SURVEY: A PEDIATRIC PERSPECTIVE. (Reprint) American Academy of Pediatrics, June, 1973. (R14-19-83 \$2.00)

COLORING BOOKS

DAN AND SUE MEET THE BREAD AND CEREAL FAMILY. Superintendent of Documents (#0124-0158 \$7.00)

FUN WITH FOODS. American School Food Service Association.

CORONARY-ARTERY DISEASE

CHILDHOOD DIET AND CORONARY HEART DISEASE. A Joint Statement of the Food and Nutrition Board, Div. of Biology and Agriculture, Nat'l Academy of Science-National Research Council, and the Council on Foods and Nutrition, AMA. (Booklet report)

FATTY ACIDS, CHOLESTEROL & PROXIMATE ANALYSES OF SOME READY TO EAT FOODS. (Reprint) University of Hawaii.

DENTAL HEALTH

ARE YOU SELLING TOOTH DECAY? (Flyer) American Dental Association. (\$4.70/100)

BREAK THE CHAIN OF TOOTH DECAY. (Flyer) American Dental Association. (\$3.10/25)

DIET AND DENTAL HEALTH. (Booklet). American Dental Association. (\$3.20/25)

DENTAL CARIES AND A CONSIDERATION OF THE ROLE OF DIET IN PREVENTION. Policy statement of American Academy of Pediatrics. (\$2.00)

FLUORIDATION OF PUBLIC WATER. Policy statement of American Medical Association.

FLUORIDE AS A NUTRIENT. Policy statement of American Academy of Pediatrics. (\$2.00)

FOOD AND CARE FOR DENTAL HEALTH. (Booklet) National Dairy Council.

HOW TEETH GROW (leaflet) American Dental Association. (09348)

KICK THE SWEET SNACK HABIT. (Flyer) American Dental Association. (\$2.90/100)

NURSING BOTTLE MOUTH. (Booklet) American Dental Association.

NUTRITION AND DENTAL DISEASE. (Flyer) American Dental Association. (\$1.90/100)

NUTRITION AND DENTAL HEALTH. (Flyer) National Institute of Dental Research (\$1.30)

YOUR TEETH ARE SHOWING! (Flyer) Pa. Department of Health, Nutrition Services. (H514.006P)

DIGESTION

HOW YOUR BODY USES FOOD, by Albert Piltz Ph.D. (pamphlet)
National Dairy Council.

DRUG INTERACTION

FOOD/DRUG INTERACTION GUIDE. (Wheel) Ross Laboratories.

FAST FOOD CHAINS

EXCHANGE & CALORIC INFORMATION. (Reprint)
Diabetes Forecast May-June 1976.

FATS

FATS IN FOOD AND DIET. (Booklet) U.S. Department of Agriculture.
U.S. Government Printing Office. (0-548-537 \$.30)

FIBER

NUTRITION REVIEWS (Magazine) Fifth Annual Marabou Symposium.
Nutrition Foundation, Inc.

FOOD AND DRUG ADMINISTRATION

A CONSUMER GUIDE TO FDA (Booklet) DHEW Publication. U. S.
Government Printing Office. (FDA 76-1013).

PATIENTS AS PARTNERS IN HEALTH CARE. U.S. Department of Health
and Welfare DHEW Publication No. (FDA 75-1014).

TEN FALLACIES ABOUT FDA. U.S. Department of Health, Education and
Welfare. HEW Publication No. (FDA 76-1017)

WE WANT YOU TO KNOW ABOUT TODAY'S FDA. (Pamphlet)
DHEW Publication No. (FDA 1021)

WE WANT YOU TO KNOW WHAT WE KNOW ABOUT DRUGS FOR FOOD PRODUCING
ANIMALS. (Pamphlet) DHEW Publication No. (FDA 73-6009)

FOOD FADS

DOWN THE PRIMROSE PATH WITH "ORGANIC" FOODS, by Thomas Jukes. (Reprint)
School Foodservice Journal, October, 1974. (D910 \$.50)

FADS, MYTHS, QUACKS AND YOUR HEALTH, by Jacqueline Seaver. Public Affairs Pamphlets. (415 \$.35)

FOOD FACTS TALK BACK. (Booklet) American Dietetic Association.

FOOD MYTHS

FAD DIET FACTS (Fact Sheet) prepared by Cheryl Sowers and Karin Rosander. NIRC at PSU.

FADS, MYTHS, QUACKS - AND YOUR HEALTH, by Jacqueline Seaver (Booklet) Public Affairs Pamphlets (\$.35)

FOOD FACTS TALK BACK (Pamphlet) American Dietetic Association.

HEALTH FOODS: FACTS AND FAKES, by Sidney Margolius. Public Affairs Pamphlet No. 498 (\$.50)

TEACH NUTRITION WITH GAMES, compiled by Dr. Doris Ruslink, Doris Funk. Nutrition Education Service Center.

GENERAL NUTRITION

CAN FOOD MAKE THE DIFFERENCE (Flyer) American Medical Association. (\$.20)

CAN WE EAT WELL FOR LESS? (Booklet) National Dairy Council.

CHOOSING FOODS THAT PROVIDE NUTRIENTS YOU NEED. (Graph) U.S. Department of Agriculture.

CHOOSING FOODS TO FIT YOUR LIFE (Flyer) The Nutrition Foundation.

CONFECTIONS AND SOFT DRINKS IN SCHOOLS (Reprint) Council on Foods and Nutrition AMA.

CONSERVING THE NUTRITIVE VALUE IN FOODS. (Booklet) U.S. Department of Agriculture. U.S. Government Printing Office. (0-478-134 \$.25)

CULTURAL FOOD PATTERNS IN THE USA (Booklet) American Dietetic Association.

A DAILY FOOD GUIDE. Pa. Department of Health. Nutrition Services. (H306.048P)

THE EFFECT OF SOILS AND FERTILIZERS ON HUMAN AND ANIMAL NUTRITION (Booklet) U.S. Department of Agriculture. U.S. Government Printing Office. (0100-03378 \$.80)

EVERY DAY - EAT THE 1-2-3-4 WAY! (Flyer) National Dairy Council
(B021 \$.07)

EXPERIMENTS IN THE CHEMISTRY OF FOODS, by Elbert C. Weaver. (Booklet)
Manufacturing Chemists Association (\$.75)

FACTS ABOUT NUTRITION. (Booklet) U.S. Department of Health,
Education and Welfare. U.S. Government Printing Office. (017-
040-00366-8 \$.65)

FAMILY FARE: A GUIDE TO GOOD NUTRITION. (Booklet) U.S. Department
of Agriculture. U.S. Government Printing Office. (001-000-03280
\$1.00)

FOOD FOR FITNESS: (Booklet) U.S. Department of Agriculture. U.S.
Government Printing Office. (0110-2882 \$.25)

FOOD MAKES THE DIFFERENCE: IDEAS FOR ECONOMY MINDED FAMILIES. (Flyer)
U.S. Department of Agriculture. U.S. Government Printing Office
(0-530-010)

FOOD NEWS: IT'S HOW YOU EAT THAT COUNTS IN THE NUTRITION RACE.
(Reprint) National Dairy Council (B309F)

FOOD: WHAT FOR? NUTRITION FOR TEENAGERS. (Booklet) Cornell
University (\$1.00)

HAMBURGER, NUTRIENTS, ELEMENTS, CELLS, BODY PARTS, YOU. (Poster)

HOW DO YOU SCORE ON NUTRITION? (Flyer) Vitamin Information Bureau
(\$.95)

HOW TO RATE A MEAL (NUTRITIONALLY SPEAKING) (Reprint) Kraft Foods

HOW YOUR BODY USES FOOD, by Albert Piltz, Ph.D (Book)
National Dairy Council (B077)

IT'S HOW YOU EAT THAT COUNTS IN THE NUTRITION RACE. (Booklet)
National Dairy Council (\$.15)

KEY NUTRIENTS. (Flyer) U.S. Department of Agriculture. U.S.
Government Printing Office. (0-504-849 \$.20)

MALNUTRITION AND HUNGER IN THE UNITED STATES. (Reprint) AMA
Department of Foods and Nutrition

A MATTER OF TASTE, by Enoc P. Waters (Reprint) FDA Consumer
U.S. Government Printing Office DHEW Pub. No. (FDA 76-2008)

MEAL PLANNING GUIDE. (Booklet) PET, Incorporated. (Free)

NUTRIENT RETENTION DURING FOOD PREPARATION. (Flyer) NIRC at PSU
(3H 5545)

NUTRIENTS AND FOODS FOR HEALTH. (Poster) Superintendent of
Documents, U.S. Government Printing Office (\$7.30/100)

NUTRIENTS AND FOOD FOR HEALTH (Poster) U.S. Department of
Agriculture. U.S. Government Printing Office. (0124-00183
\$7.30/100)

NUTRIMETER-FOR CHOOSING FOODS THAT PROVIDE NUTRIENTS YOU NEED
(Chart) U.S. Government Printing Office

NUTRITION: FOOD AT WORK FOR YOU. U.S. Department of Agriculture.
U.S. Government Printing Office. (0100-1517) \$.20)

NUTRITION INFORMATION CAN WORK FOR YOU. (Booklet) General Foods
Company.

NUTRITIVE VALUES OF FOOD. (Booklet) U.S. Department of Agriculture
U.S. Government Printing Office. (011-000-03493-6 \$1.00)

A PRIMER ON FOUR NUTRIENTS, by G. Edward Damon (Reprint)
FDA Consumer (FDA 75-2026)

A SOURCE BOOK ON FOOD PRACTICES (Booklet) National Dairy Council
(B026)

STRESS AND YOUR HEALTH. Metropolitan Life Insurance Co. (571 LW 5-75)

TAKING MILK APART (Teacher's booklet-B311) and LET'S TAKE MILK APART
(Booklet for student - B118) National Dairy Council. (Teacher's
guide \$.75; Student's guide \$.50)

TIPS TO SNACKERS (Flyer) NIRC at PSU (BH 5555)

WHAT HAPPENED TO MUSHROOMS?, by Donald Riester (Reprint)
U.S. Government Printing Office (75-2007)

WHY BOTHER WITH BREAKFAST? (Fact sheet) Nutrition Information
Resource Center. (BH6687:KL)

YOUR AGE AND YOUR DIET: INFANCY THROUGH ADULTHOOD. (Flyer) American
Medical Association. (\$.25)

YOUR DIET: HEALTH IS IN THE BALANCE. (Booklet) Nutrition Foundation.

YOUR FOOD CHANCE OR CHOICE? (Flyer) National Dairy Council

HANDICAPPED CHILDREN - FEEDING

FEEDING THE CHILD WITH A HANDICAP. (Booklet) Superintendent of Documents, U.S. Government Printing Office (\$.60)

HEALTH EDUCATION

CHOOSE YOUR CALORIES BY THE COMPANY THEY KEEP. (Flyer) National Dairy Council.

CONSUMER HEALTH EDUCATION: RESOURCE UNIT JUNIOR HIGH GRADES (Booklet) The American Association for Health Physical Education and Recreation.

CONTROLLING ENVIRONMENTAL HEALTH CONDITIONS: RESOURCE UNIT SENIOR HIGH SCHOOL. (Booklet) The American Association for Health Physical Education and Recreation.

EVALUATION INSTRUMENTS IN HEALTH EDUCATION - (Booklet) American Association for Health, Physical Education and Recreation Publications-Sales (Stock No. 244-25024)

FACTS AREN'T ENOUGH (Booklet) American Medical Association. National Education Association (\$.40)

FOOD - WHAT FOR? NUTRITION FOR TEENAGERS, by Gail G. Harrison, Ruth N. Klippstein (Booklet) New York State College of Home Economics Cornell University (\$1.00)

GOOD NUTRITION QUIK-QUIZ (Pamphlet) United States Department of Agriculture

HEIGHT WEIGHT INTERPRETATION FOLDER FOR BOYS. (Folder) American Medical Association (\$.20)

HEIGHT WEIGHT INTERPRETATION FOLDER FOR GIRLS. (Folder) American Medical Association (\$.20)

NUTRITION: RESOURCE UNIT PRIMARY GRADES (Booklet) The American Association for Health, Physical Education and Recreation

A PRIMER ON FOUR NUTRIENTS: PROTEINS, CARBOHYDRATES, FATS, AND FIBER, by G. Edward Damon (Pamphlet) U.S. Department of Health, Education, and Welfare

ReSOURCE BOOK FOR DRUG ABUSE EDUCATION. (Book) American Association for Health, Physical, Education, and Recreation

TEACHING DENTAL HEALTH. (Booklet) AAHPER Publication-Sales

HYPERACTIVITY

DIET AND HYPERACTIVITY: ANY CONNECTION? (Leaflet) April 1976
Institute of Food Technologists (\$.50)

EXPERT COMMITTEE ON HYPERKINESIS AND DIET CONCLUDES NO URGENT NEED
FOR CHANGE IN FOOD MANUFACTURE OR LABELING PRACTICES (Flyer)
(Special Report) The Nutrition Foundation

THE NATIONAL ADVISORY COMMITTEE ON HYPERKINESIS AND FOOD ADDITIVES-
REPORT TO THE NUTRITION FOUNDATION - June 1, 1975 (Pamphlet)

STATEMENT SUMMARIZING RESEARCH FINDINGS ON THE ISSUE OF THE
RELATIONSHIP BETWEEN FOOD-ADDITIVE-FREE DIETS AND HYPERKINESIS IN
CHILDREN (Memo) Nutrition Foundation

HYPERTENSION

HYPERTENSION: DIAGNOSIS, OCCURENCE AND PREVENTION. U.S. Department
of Health, Education, and Welfare

INFANT NUTRITION

THE USE OF SKIM MILK IN INFANT FEEDING (Flyer) Nutrition News.
Pennsylvania Department of Health, Division of Nutrition.

IRON

ASSAYING THE AVAILABILITY OF IRON (Reprint) Journal of the American
Dietetic Association

IRON, BLOOD, AND NUTRITION (Reprint) Journal of the American
Dietetic Association

KETOGENIC DIET

KETOGENIC DIET CONTAINING MEDIUM-CHAIN TRIGLYCERIDES (Reprint)
Journal of the American Dietetic Association.

LABELING

A CONSUMER'S GUIDE TO FOOD LABELS. (Reprint) U.S. Department of
Health, Education and Welfare. Food and Drug Administration.

EDUCATIONAL MATERIALS FROM PILLSBURY. (Flyer) The Pillsbury Co.

FDA CONSUMER MEMO - METRIC MEASURES ON NUTRITION LABELS (Flyer)
U.S. Department of Health, Education and Welfare, Food and
Drug Administration

FDA CONSUMER MEMO - NUTRITION LABELING - TERMS YOU SHOULD KNOW
(leaflet) Department of Health, Education and Welfare. Food
and Drug Administration

FDA CONSUMER MEMO - NUTRITION LABELS AND U.S. RDA (Flyer) U.S.
Department of Health, Education and Welfare. Food and Drug
Administration

FOOD SAFETY IN THE HOME. (Flyer) Pillsbury Company

INSIDE INFORMATION ABOUT THE OUTSIDE OF THE PACKAGE. (Booklet)
Pillsbury Company (\$1.00/25)

THE LABEL IS MORE THAN DECORATION (Flyer) Pillsbury Co. (\$1.00/25)

MAKING FOOD LABELS MORE INFORMATIVE (Reprint) FDA Consumer
(Oct. 1975) (76-2010)

NUTRITION LABELING: TOOLS FOR ITS USE (Booklet) U.S. Government
Printing Office (001-000-03385 \$1.15)

READ THE LABEL, SET A BETTER TABLE (Flyer) Food and Drug
Administration.

TWO NUTRITIONAL LABELING SYSTEMS (Reprint) The American Dietetic
Association.

WE WANT TO KNOW ABOUT NUTRITION LABELS ON FOOD (Flyer) FDA
U.S. Government Printing Office (0-557-405 \$.25)

WHAT DOES A NUTRITION LABEL LOOK LIKE? (Flyer) Food and Drug
Administration

LAETRILE

FDA CONSUMER - LAETRILE: THE MAKING OF A MYTH (Reprint)
U.S. Government Printing Office

MALNUTRITION

MATERNAL, FETAL, AND INFANT NUTRITION - 1973. Hearings before the
Select Committee on Nutrition and Human Needs of the United States
Senate - Consequences of Malnutrition. (Book) U.S. Government
Printing Office (Stock No. 052-070-01998-1 \$1.40)

MARCH OF DIMES

- BIRTH DEFECTS ARE FOREVER. UNLESS YOU HELP. (Flyer) March of Dimes.
- BIRTH DEFECTS QUIZ (Flyer) March of Dimes.
- BIRTH DEFECTS - THE TRAGEDY AND THE HOPE (Booklet) March of Dimes.
- BREAD CEREAL GROUP. (Poster) March of Dimes.
- EATING FOR TWO. (Chart) March of Dimes.
- GENETIC COUNSELING. (Booklet) March of Dimes.
- IF YOU REALLY WANT TO IMPROVE OUR ENVIRONMENT - START AT THE BEGINNING. (Book Mark) March of Dimes.
- INSIDE MY MOM - 7:45-minute Cartoon Filmstrip or Slide with Cassette (Flyer) March of Dimes (\$10.00 Filmstrip \$15.00 Slide Set)
- NUTRITION & PREGNANCY. (Flyer) March of Dimes
- NUTRITION QUIZ. (Flyer) March of Dimes
- PREVENTING BIRTH DEFECTS CAUSED BY RUBELLA. (Flyer) March of Dimes.
- RUBELLA OUTBREAKS THREATEN RISE IN BIRTH DEFECTS. (Flyer) March of Dimes.
- TOOLS THAT TELL THE STORY. (Flyer) March of Dimes.
- WHEN YOU DRINK, YOUR UNBORN BABY DOES, TOO! (Flyer) March of Dimes.

MENTAL ABILITY

- FOCUS ON NUTRITION: YOU CAN'T TEACH A HUNGRY CHILD, by Dorothy L Callahan. (Reprint) March, 1971. School Foodservice Journal. (D920 \$.25)
- FOOD TO NURTURE THE MIND, by Bruno Bettelheim. Children's Foundation. (\$1.00)
- MALNUTRITION, LEARNING, AND BEHAVIOR. (Booklet) NICHD Office of Research Reporting. (76-1036 Free)

METABOLISM

DNA AND INBORN ERRORS OF METABOLISM, by James M. Orten. (Reprint)
Journal of American Dietetic Association, October, 1971.
(R2600 \$.95)

HOW YOUR BODY USES FOOD, by Albert Piltz. National Dairy Council.
(\$.40)

MILK

MILK...ITS NUTRIENT VALUE (Booklet) National Dairy Council.

SHOULD MILK DRINKING BY CHILDREN BE DISCOURAGED? (Reprint) 1974
American Academy of Pediatrics.

TAKING MILK APART (Booklet-Teacher) National Dairy Council
(B311 \$.75)

LET'S TAKE MILK APART (Booklet-Student) National Dairy Council
(B118 \$.50)

MINERALS

ASSAYING THE AVAILABILITY OF IRON, by Frederick C. Bing. (Reprint)
Journal of American Dietetic Association, February, 1972.
(R5601 \$.80)

FLOURIDE AS A NUTRIENT - (Reprint) Pediatrics Vol. 49 No. 3
March 1972

IRON, BLOOD AND NUTRITION, by E. Neige Todhunter. (Reprint)
Journal of American Dietetic Association, August, 1972.
(R5009 \$.55)

A PRIMER ON DIETARY MINERALS (Reprint) Sept. 1974 U.S. Government
Printing Office (FDA 76-2070)

REPORT OF THE JOINT COMMITTEE OF THE AMERICAN ACADEMY OF PEDIATRICS
AND THE AMERICAN SOCIETY OF DENTISTRY FOR CHILDREN--DENTAL CARIES
AND A CONSIDERATION OF THE ROLE OF DIET IN PREVENTION (Reprint)
Pediatrics, Vol: 23, No. 2 February 1959

WHO NEEDS CALCIUM? by Carolyn J. Wax. (Booklet) University of
Illinois. (A4 \$.25)

NUTRITION EDUCATION

TEACH NUTRITION WITH GAMES. (Booklet) Montclair State College.
(\$1.50)

NUTRITION EDUCATION MATERIALS

HAMBURGERS AND YOU, by Janice Tronc and Judy Oppert. (Booklet)
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211 East Chicago Avenue
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430 North Michigan Avenue
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1026 Seventeenth Street, N.W.
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